

ARWACHIN BHARTI BHAWAN SR. SEC. SCHOOL

SESSSION 2020-21

CLASS-I

SUBJECT –ENGLISH

NAME OF THE BOOKS

ENGLISH VIBES
CURSIVE WRITING

PUBLISHERS

EUPHEUS LEARNING
UBERT LEARNING

U.T. 1 29TH APRIL – 5TH MAY 2020

MCB -
Grammar-
Cursive Writing –
Activity -

L-1 (Reading) Aman at school
Vowels- a, e, i, o, u
Page no.- 1 to 20
Speak few lines on “My Self”

U.T. 2 25TH JULY – 31ST JULY 2020

MCB –
Grammar –
Vocabulary –
Cursive Writing –
Activity –

L-2 (Reading) The Gingerbread Man
Articles (A, An), Nouns
'oo' , 'ee' Sound words
Page no. – 21 to 26
Speak few lines on “My Favourite Fruit”

TERM – 1 11TH SEPTEMBER – 23RD SEPTEMBER 2020

MCB –
Grammar –
Vocabulary-
Cursive writing –

L-5 (Reading) Taffy comes home
This/ That, Is / Am / Are , Singular Plural
'ch', 'sh' Sound words
Page no. – 27 to 35

U.T. 3 5TH NOVEMBER – 11TH NOVEMBER 2020

MCB –
Grammar-
Vocabulary-
Cursive Writing-
Activity-

L-5 (Reading) A Trip to Africa
These / Those , Opposite words
'th', 'pl' sound words
Page no. – 36 to 40
Speak few lines on “My School”

TERM – 2 1ST DECEMBER – 15TH DECEMBER 2020

MCB-
POEM-
Grammar-
Vocabulary-
Cursive Writing-

L-7 Little Sammy
What is Pink?
Genders, Rhyming Words, Punctuation
'ck', 'br' Sound words
Page no. - 41 to 58

ANNUAL EXAM 20TH FEBRUARY – 12TH MARCH 2021

MCB-

L-10- The Red ball

Grammar-

POEM- All things bright and beautiful

Vocabulary-

Prepositions, Action words, Has / Have

Composition-

‘cl’, ‘st’ Sound words

My Best Friend

My pet animal

SUBJECT –HINDI

पुस्तक का नाम

प्रकाशक

सरल हिंदी माला

गोयल ब्रदर्स प्रकाशन

UT-I 29TH APRIL – 5TH MAY 2020

सरल हिंदी माला

पाठ-2 तीन, चार अक्षर वाले शब्द

पाठ-3 आ की मात्रा

ACTIVITY

मेरा परिचय

UT-II 25TH JULY -31ST JULY 2020

सरल हिन्दी माला

पाठ 4 इ , ई की मात्रा

व्याकरण

लिंग बदलो

ACTIVITY

तितली रानी (कविता)

TERM -1 11 Sept. -23 Sept. 2020

सरल हिंदी माला

पाठ-5 उ,ऊ की मात्रा

पाठ-7 ए और ऐ की मात्रा

व्याकरण

वचन बदलो

UT-III 5th November – 11th November 2020

सरल हिंदी माला

पाठ-8 ओ, औ की मात्रा

ACTIVITY

गौरी ताई कविता

TERM – II 1ST Decenber to 15th December

सरल हिंदी माला

पाठ-9 अनुस्वार , चन्द्र बिंदु

पाठ-13 कौन बड़ा,

व्याकरण

विलोम शब्द , संज्ञा

ANNUAL EXAM 20th February – 12th March

सरल हिंदी माला

पाठ-12 , ढ, ड के शब्द

पाठ-14 राखी का त्योहार

व्याकरण
वाक्य बनाओ

पाठ-10 संयुक्त अक्षर
विलोम शब्द
मेरी माँ

SUBJECT –MATHS

Name of the book

Together with mathematics buzz.

Publisher

Rachna Sagar

UT I (29th April – 5th May 2020)

Counting (1-100)

Table of 2

Number Names (1 -10)

Activity – Beads and buttons (Pg-56 of book)

UT II (25th– 31st July 2020)

Counting (101-200)

Table of 3

Number Names (11 – 30)

Activity – Snakes and ladders Pg-97 of book

Term I (11th– 23rdSeptember 2020)

Counting (201 – 300)

Table of 4 and 5

Number Names (31-50)

Ascending Order (1 -100)

Addition (Single digit)

UT III (5th–11thNovember 2020)

Counting (301- 400)

Days of week

Number Names (51 – 60)

Activity – Clock Pg-142 of book

Term II (1st–15th December 2020)

Counting (401 –500)

Table of 6 and 7

Number Names (61 -80)

Descending Order 1 -100)

Subtraction

Annual Exam (20th February – 12th March 2021)

Counting (401 -500)

Table 8 and 9

Time
Multiplication
Number Names (81 -100)
Addition with carry.

SUBJECT –EVS

Name of the Book –

Live with nature-

Publisher

Prachi

UT 1 - 29th April – 5th May 2020

Lesson 1 :

Activity –

My Body

Paste or Draw Parts of body in notebook

UT 2 - 25th July – 31st July 2020

Lesson 2 :

Lesson 3 :

Activity –

My Body helps me

Home sweet home

Draw 5 sense organs

Term 1 – 11th Sept. – 23rd Sept. 2020

Lesson 4 :

Lesson 6 :

Lesson 7 :

Clothes

Road safety

Our food

UT 3 – 5th Nov – 11th Nov 2020

Lesson 10 –

Lesson 11 –

Fun and Games with the Family

Places around us

Activity –

Lesson 8

My Family

Term 2 – 1st Dec – 15th Dec 2020

Lesson 12 –

Lesson 13 –

Lesson 14 –

Our Helpers

Places of Worship

Festivals

Annual Exam – 20th Feb – 15th March 2021

Lesson 15 –

Lesson 19 –

Lesson 20 -

Plants

Food of Animals

Seasons

SUBJECT –DRAWING

Name of the books

Mirror Image

My Amazing book of art and activity

Publisher

Pravaah Books

Navdeep Books

FIRST TERM :(APRIL - AUGUST)

Drawing :

(Craft) :

Sun, Boat, Flowers

Art and Craft-PgNO-1-15

SECOND TERM :(SEPTEMBER - DECEMBER)

Drawing :

Tree, Candles, Hut, Birthday Cake

(Craft) :

Art and Craft -pgno-16-25

THIRD TERM :(JANUARY - MARCH)

Drawing :

Apple , Butterfly, Letter Box, Scenery.

(Craft) :

Art and Craft -pgno-26-34

SUBJECT –MUSIC

MIDDLE TERM (APRIL TO SEPTEMBER)

- National Anthem – jan gan man
- National Song
- Spiritual Song

(Theory and Practical)

ANNUAL TERM (OCTOBER TO MARCH)

- Exercise of Prayers and Shlokas
- Sargam and Swachh Bharat song
- Action Song

(Theory and Practical)

SUBJECT - HPE

First Term

S.no	Games (PEC ability) in Play Ground	Physical Fitness Evaluation	School Health Manual in Class (In Practical File)	MASS ACTIVITY in Assembly
1.	Walking on toes and heels	Flamingo Balance Test	(A)Knowing Your Body	Basic warming up exercise of full body
2.	Body awareness (1)	Plate Tapping Test	Awareness Kit	
3.	Body awareness (2)	Speed 20mtr	Small Wander	
4.	Running and jumping			
5.	Jumping and hopping			
6.	Bean bag relay		(B)Pasting of photo graphs (One Game)	
7.	Animal walk		Players and Equipment	

8.	Introducing ball handling			
9.	Rolling a ball			

Second Term

S.no	Games (PEC ability) in Play Ground	Physical Fitness Evaluation	School Health Manual in Class	MASS ACTIVITY in Assembly
10.	Dribbling a ball	Shuttle Run Test	(A)Knowing Your Body	Basic warming up exercise of full body
11.	Rolling at large target	Vertical Jump Test	Having Fun	
12.	Throwing and catching	Sit& Reach Test	(B)Food And Nutrition	
13.	Body shape		My personal diet	
14.	Static balance			
15.	Responding to commands and signals (1)			
16.	Responding to commands and signals (2)			
17.	Kicking a ball		(C)Pasting of photo graphs (Second Game)	
18.	Ringmaster		Players and Equipment	
19.	Introducing skipping			
20.	Treasure hunt			

Evaluation: - (A) Advance (B) Proficiency (C) Learning

SUBJECT-COMPUTER

Name of the book

Integrated Computer world

Publisher

Ubert Learning

TERM I: (APRIL TO AUGUST)

Lesson -1 to 2

Lesson - 1 The computer and its Parts

Lesson- 2 Helping Parts of a computer

TERM II : (SEPTEMBER TO DECEMBER)

Lesson -3 to 4

Lesson-3 Let us Work on the Computer

Lesson -4 Uses of Computers

TERM III : (JANUARY TO MARCH)

Lesson -5

Lesson -5 Let us Paint

Final Term (March)