

# ARWACHIN BHARTI BHAWAN SR. SEC.SCHOOL

## SYLLABUS (CLASS-1)

SESSION-2018-19

SUBJECT-ENGLISH

<u>Name of the books</u>	<u>Publisher</u>
1. Radiance Communicative English (MCB)	Cordova Publications
2. Radiance Communicative English (Practice Work Sheets)	Cordova Publications
3. Cursive Writing	

### APRIL - MAY

MCB	-	L -1 How many (Poem)
Vocabulary	-	Vowels (a, e, i, o, u)
Cursive Writing	-	Pages 1 - 21 , 26 - 28
Activity	-	5 Marks
Notebook	-	5 Marks

### 1<sup>ST</sup> UNIT TEST

### JULY - AUGUST

MCB	-	L - 3 Just Me (Poem) L - 11 A Beautiful Feather
Vocabulary	-	Sound Words oo, ee, ch, sh
Grammar	-	Articles Nouns This, That Singular - Plural Use of is, am, are

### 1<sup>ST</sup> TERM EXAMINATION

### SEPTEMBER - OCTOBER

Vocabulary	-	Sound Words th, pl, Rhyming Words
Composition	-	Fruit
Cursive Writing	-	Pages 22 - 25, 29 - 44
Activity	-	5 Marks
Notebook	-	5 Marks

### 2<sup>ND</sup> UNIT TEST

### NOVEMBER - DECEMBER

Vocabulary	-	Sound Words br, ck, ss
Grammar	-	These, Those, Pronouns Punctuation Opposites, Genders
Cursive Writing	-	Pages 45 - 58

### 2<sup>ND</sup> TERM EXAMINATION

### JANUARY - FEBRUARY

MCB	-	L - 10 A Happy Child (Poem) L - 13 Hina's Rainbow
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Vocabulary	-	Sound Words ch,cl, st,
Grammar	-	Use of Has & Have
		Prepositions
		Action Words
		Nouns
		Opposites
Composition	-	1. My Mother
		2. My Best Friend

### ANNUAL EXAMINATION

### **SUBJECT - हिंदी**

#### पुस्तकें -

पुस्तक निकुंज भाग - 1

सुलेख माला भाग - 1

#### अप्रैल - मई

निकुंज	-	पाठ - 2
		पाठ - 3 स्वर और मात्राएँ
रचनात्मक कार्य	-	5 Marks
काँपी	-	5 Marks

#### 1<sup>ST</sup> UNIT TEST

#### जुलाई - अगस्त

निकुंज	-	पाठ - 4 इ, ई
		पाठ - 7 ए, ऐ
व्याकरण	-	लिंग बदलो
		वचन बदलो
सुलेखमाला	-	पृष्ठ: 1 से 3, 51 से 53, 16 से 19

#### 1<sup>ST</sup> TERM EXAMINATION

#### सितम्बर - अक्टूबर

निकुंज	-	पाठ 5 उ ऊ
कविता	-	मौसी आई
सुलेखमाला	-	पृष्ठ 4 से 10, 20 से 26
रचनात्मक कार्य	-	5 Marks
काँपी	-	5 Marks

#### 2<sup>ND</sup> UNIT TEST

#### नवम्बर - दिसंबर

निकुंज	-	पाठ 8 ओ औ
		पाठ 9 अनुस्वार, चन्द्रबिन्दु, तथा विसर्ग
कविता	-	उडी पतंग
व्याकरण	-	विलोम शब्द
सुलेखमाला	-	पृष्ठ 27 से 35, 45 से 47

#### 2<sup>ND</sup> TERM EXAMINATION

**जनवरी - फरवरी**

निकुंज	-	पाठ 10
		पाठ 11
		पाठ 13
व्याकरण	-	संज्ञा
सुलेखमाला	-	पृष्ठ 49, 50, 53, 58 से 60

**ANNUAL EXAMINATION**

**SUBJECT-MATHS**

**Name of the book**

Junior Maths Part-I

**Publisher**

Bharti Bhawan Publication

**APRIL- MAY**

ACTIVITY - 5 MARKS  
NOTEBOOK- 5 MARKS  
Counting (1-100)  
Table of 2  
Number names (1 -10)

**1<sup>ST</sup> UNIT TEST**

**JULY - AUGUST**

Table of 3 and 4  
Counting (101-200)  
Number names (11-30)  
Backward counting (50-1)  
Ascending order (1-100)  
Addition

**1<sup>ST</sup> TERM EXAMINATION**

**SEPTEMBER- OCTOBER**

ACTIVITY- 5 MARKS  
NOTEBOOK-5 MARKS  
Counting (201-300)  
Table of 5  
Number names (31-40)  
Descending order (1-100)

**2<sup>ND</sup> UNIT TEST**

**NOVEMBER - DECEMBER**

Counting (301-400)  
Number names (41-60)  
Tables of 6 and 7  
Subtraction  
Days of week

## 2<sup>ND</sup> TERM EXAMINATION

### JANUARY - FEBRUARY

Counting (401-500)  
Table of 8 and 9  
Number names (61-100)  
Time  
Months of the year  
Addition with carry  
Multiplication (pg 85)

## ANNUAL EXAMINATION

## **SUBJECT-EVS**

### Name of the books

New Green Tree

### Publisher

Orient Black Swan

### APRIL - MAY

ACTIVITY - 5 MARKS

NOTEBOOK - 5 MARKS

Lesson-1 - About me  
Lesson-2 - My body

### 1<sup>ST</sup> UNIT TEST

### JULY - AUGUST

Lesson-3 - My body helps me  
Lesson-4 - My body needs care  
Lesson-5 - The food we eat

## 1<sup>ST</sup> TERM EXAMINATION

### SEPTEMBER - OCTOBER

ACTIVITY - 5 MARKS

NOTEBOOK- 5 MARKS

Lesson-6 - The clothes we wear  
Lesson-7 - My family (reading)  
Lesson-8 - My home

### 2<sup>ND</sup> UNIT TEST

### NOVEMBER - DECEMBER

Lesson-9 - My school  
Lesson-10 - Plants around us  
Lesson-11 - Animal around us

## 2<sup>ND</sup> TERM EXAMINATION

### JANUARY-FEBRUARY

Lesson-8 - My home  
Lesson-10 - Plants around us  
Lesson-12 - Rules for safety

Lesson-13 - The earth and the sky

**ANNUAL EXAMINATION**

**SUBJECT-MORAL VALUE**

**Name of the books**

The Golden Light

**Publisher**

Navdeep Publications

**FIRST TERM :( APRIL TO AUGUST)**

- L- 1 God is Great
- L-2 Our Pets- Care and Share
- L-3 Family
- L-4 School- Sharing Things

**SECOND TERM :( SEPTEMBER TO DECEMBER)**

- L-5 People Help Us
- L-6 Clean Habits
- L- 7 Good Habits and Manners
- L- 8 Responsibility

**THIRD TERM :( JANUARY TO MARCH)**

- L-9 Importance of Time
- L- 10 Safety for All

**SUBJECT-COMPUTER**

**Name of the book**

VISIONARY COMPUTER CONNECT

**Publisher**

Omen Publishing House

**FIRST TERM :( APRIL TO AUGUST)**

**LESSON- 1 to 3**

- Lesson-1 Computer -A Smart Machine
- Lesson-2 Parts of a computer
- Lesson-3 The Keyboard and the Mouse

**SECOND TERM :( SEPTEMBER TO DECEMBER)**

**Lesson -4 to 5**

- Lesson-4 What can we do on Computer?
- Lesson-5 Computers -Everywhere Around us

**THIRD TERM :( JANUARY TO MARCH)**

**Lesson -6 to 7**

- Lesson-6 Switching on and off the computer
- Lesson-7 How to Draw on Computer?

**FINAL EXAM (MARCH)**

**SUBJECT-MUSIC**

**FIRST TERM :( APRIL TO AUGUST)**

- National Anthem - Jan Gan Man
- National Song
- (Theory and Practical)**

**SECOND TERM :( SEPTEMBER TO DECEMBER)**

Spiritual Song  
 Exercise of Prayers and Shlokas  
 (Theory and Practical)

**THIRD TERM :( JANUARY TO MARCH)**

Sargam and Swachh Bharat song  
 Action Song  
 (Theory and Practical)

**SUBJECT-DRAWING****Name of the books**

Art Gallery 1

Together With Be An Artist

**Publisher**

PSG Publication

Rachna Sagar

**FIRST TERM :( APRIL TO AUGUST)**

Drawing : Pumpkin , Snowman , Caterpillar , Sunflower  
 (Art gallery) : Be An Artist-Pg NO-1-15  
 Activity : Warli Art(pg no-10)

**SECOND TERM :( SEPTEMBER TO DECEMBER)**

Drawing : Hut , Scenery , Butterfly , Tree , Candle  
 (Art Gallery) : Be An Artist-pg no-16-25  
 Activity : Landscape (Pg no-

**THIRD TERM :( JANUARY TO MARCH)**

Drawing : Fish , Teddy bear , Dinosaur , Mushrooms  
 (Art Gallery) : Be An Artist-pg no-26-40  
 Activity : Greenery Tree(pg no-35)

**SUBJECT-PHYSICAL EDUCATION**

<b>Grade 1: Lesson Plans &amp; Learning Outcomes</b>		
<b>Lesson</b>	<b>Name</b>	<b>Learning Outcomes</b>
<b><u>FIRST TERM :( APRIL TO AUGUST)</u></b>		
S1.1	Know the Props	The purpose of this activity is to help children get a feel for all the age-appropriate props; allow children to be creative and innovative; develop a sense of sharing.
S1.2	Ball control	Children love football. Kicking the ball around is how they start their introduction to football. This lesson is focused on the skill of kicking.
S1.3	Fun with Parachute - 1	Parachute is a fun prop used to develop team play and cooperation. We introduce more complex formations with the Parachute which require a lot more cooperative action between the children.
S1.4	Rules are our Friends	The purpose of this activity is to make children realize the importance of rules in our daily lives. In the school context we focus on rules on the playground which help everyone play in a friendly manner taking care of safety.

S1.5	Throw Show	Throwing is a fundamental manipulative skill used in several Sports We focus here on the basics of an underhand throw.
S1.6	Bowl-a-Rama - 1	The purpose of this activity is to make children practice rolling a ball to a target. Hand eye coordination is the focus of learning here.
S1.7	Body Management Circuit - 1	Knowing your body and being able to move it in a variety of ways is the basis of all physical activity be it sports, dance or even the daily chores. We teach children different body movements, how to transfer weight from one body part to another and balance and how to run around with agility.
S1.8	Formations and Boundaries	To teach the meaning of formations and also to memorize some formations; to teach the concept of boundaries, shapes, within and outside and concepts of space awareness.
S1.9	Throwing for a Distance - 1	To teach children the fundamentals of an overhand throw. Throwing is a fundamental skill required in several sports like cricket, touch rugby, basketball. To learn the correct skill of throwing will improve your throw tremendously.
<b><u>SECOND TERM :( SEPTEMBER TO DECEMBER)</u></b>		
S1.10	Micro events - 1	To showcase fundamental movement skills along with action, balance and coordination
S1.11	Jumping Monkeys	To make children practice jumping skills. Jumping and landing is a skill which not just increases the strength of the leg muscles but also helps learn balance and coordination.
S1.12	Fun with Parachute - 2	Parachute is a fun prop used to develop team play and cooperation. We introduce more complex formations with the Parachute which require a lot more cooperative action between the children.
S1.13	Animal Farm	To help children practice different movement concepts.
S1.14	Run Hop Jump	To learn the different locomotor skills with the idea of personal space management.
S1.15	Ball Dribble	Ball dribbling is a fundamental skill for learning Basketball. Children learn to dribble with soft balls and slowly get introduced to the various techniques of ball dribbling with the hands.
S1.16	Magic Ball	To help children apply the concept of moving in different directions in a fun game. By practising this children will learn to respond automatically to various directions.
S1.17	Micro event - 2	To showcase hopping and running skills
S1.18	Crazy Frogs	To learn weight transfer and balancing. This lesson focuses on frog jumps, log rolls, egg roll. These are fun activities that children love to do at this age.
<b><u>THIRD TERM :( JANUARY TO MARCH)</u></b>		
S1.19	Bowl-a-Rama - 2	The purpose of this activity is to make children practice rolling a ball to a target. Hand eye coordination is the focus of learning here.

S1.20	Alphabet Games	To teach children about different types of body movements through a fun activity of spelling simple words. Children have to concentrate and practice quick responses to what the teacher instructs.
S1.21	Fitness Circle	A pulse racing activity focused on giving children a good energising 30 minutes. To make the children practice different locomotor skills.
S1.22	Throwing for a Distance - 2	To teach children the fundamentals of an overhand throw. Throwing is a fundamental skill required in several sports like cricket, touch rugby, basketball. To learn the correct skill of throwing will improve your throw tremendously.
S1.23	Body Movements	Using a fun prop, the hoop, children move their bodies to get in and out of hoops while holding hands with their partners. These are cooperative games which also teach children how to work with their friends.
S1.24	Target Bucket	To develop throwing and catching skills. These are basic manipulative skills used in several sports.
S1.25	Micro event - 3	To showcase running, jumping, sliding, galloping and various locomotor skills.
S1.26	Tortoise, Puppies and Elephants	To develop the concepts of different levels in space. Low, Mid, High are levels that children need to learn to understand and use in various sports. Kho Kho is a great example of a sport in which all these levels are beautifully used. Children sit, run and even swing along the post.
S1.27	Twist, Turn, Hop and Clap	To develop rhythmic and coordinated body movements with some fun aerobic steps.
S1.28	Body Management Circuit - 2	Knowing your body and being able to move it in a variety of ways is the basis of all physical activity be it sports, dance or even the daily chores. We teach children different body movements, how to transfer weight from one body part to another and balance and how to run around with agility.